Celebrating 40 years of Lucid Dream Exploration:

A day-long dynamic exploration of lucid dream science, therapy, healing, creativity, & the dream body.

With practical tips for working with lucid dreams.

Dr Keith Hearne & Dr Clare Johnson



The pioneer whose 1975 experiment provided the first scientific proof of lucid dreaming.



the first to do a PhD on lucid dreaming as a creative tool.

Saturday, March 28th 10:30 – 4:45
Hosted by the Dream Research Institute at

The Centre for Counselling & Psychotherapy Education, London

Tickets (limited spaces) £50

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